

# ADULT PACKING LIST FOR CAMP

Camp will provide these items in VIP lodging only: Towels, washcloths, bed linens, refrigerator, microwave, and coffee maker.

## Essentials for ALL seasons:

1. Writing utensils for students who forgot to bring their own
2. Chapstick, sunglasses, sunscreen, hat
3. Water bottle, 16oz size or more
4. Backpack or small bag for hiking
5. Toiletries (toothbrush & paste, hairbrush, soap, etc.)
6. Outdoor clothing or old clothing that can be layered
7. Jacket, coat or sweater(s) depending on the weather
8. Long pants (we do not recommend shorts)
9. Pajamas, flashlight
10. 1-2 pairs of socks/day
11. Closed-toed, sturdy shoes/boots (do not bring sandals or dress shoes)

## Suggestions for Nov-Apr (expect snow):

1. Heavy coat
2. Beanie
3. Mittens or gloves
4. Waterproof clothing
5. Snow boots
6. Warm clothing that can be layered (long sleeves, pants, etc.)

## DON'T FORGET...

- Final payment
- Student medications
- Release Waivers, Medical Forms, student roster
- 24hr Health Screening
- One (1) personal vehicle MUST stay on campus all day and overnight during camp
- Camera or phone, and charger for photos
- Computer/school work (as needed)
- WiFi hotspot
- Check the weather in Big Bear or Lake Arrowhead, depending on your program location, or visit our website for updates. Do not call/email our offices to ask about the weather.

# DISCIPLINARY GUIDELINES

On Arrival Day, teachers and students will be informed of the following disciplinary guidelines and consequences for certain actions at camp. Our team will use either the 5-Step System or the 3-Strike System for re-enforcing positive and appropriate behavior and for protecting campers.

Remember, **if a student is sent home due to illness, injury or disciplinary issues, parents/guardians are expected to pick up their child immediately, regardless of the time of day or night.** Camp DOES NOT issue refunds to students that get sent home from camp.

## THE 5-STEP SYSTEM:

1. Give a clear, verbal warning.
2. If the behavior continues give a 5min Time Out (TO)
3. If the behavior continues give a 10min TO
4. If the behavior continues give a 15min TO
5. If the behavior persists after a 15min TO is accrued, teachers will be consulted about whether the student should be dismissed from camp or if additional consequences will result once he/she returns to school.

## THE 3-STRIKE SYSTEM:

1. Student receives a strike, a 15min TO, and an intervention conversation with his/her teachers.
2. If the behavior continues, the student receives the second strike, a 15min TO, and the student will call their parents/guardian to report their poor behavior.
3. If the behavior continues, the student receives the third strike and is sent home.

TOs are served during Rec Time; students must complete a behavioral reflection form to be submitted to teachers. Students will not be dismissed from camp without the consent of teachers.

Minor Violations	Consequence
Inappropriate gesture or conversation	Verbal Warning - 15min TO
Name calling, excessive teasing, bullying, foul language	Verbal Warning - 15min TO
Repeated disruption in the cabin after Lights Out	Verbal Warning - 15min TO
Repeatedly disrupting activities or not obeying leaders	Verbal Warning - 15min TO
Tardiness	Verbal Warning - 15min TO
Leaving the group without permission	Verbal Warning - 15min TO
Major Violations	Consequence
Any activity that is inherently dangerous to self/others	<b>No warning, immediate dismissal</b>
Cabin raiding/pranks	<b>No warning, immediate dismissal</b>
Fighting (physical), stealing, or excessive bullying	<b>No warning, immediate dismissal</b>
Intentionally destroying property	<b>No warning, immediate dismissal</b>
Outright defiance	<b>No warning, immediate dismissal</b>
Possession of illegal substances or weapons	<b>No warning, immediate dismissal</b>
Unauthorized leaving of cabin, entering a cabin of the opposite gender	<b>No warning, immediate dismissal</b>
Other behaviors at the discretion of Camp (e.g. suicidal ideations)	<b>No warning, immediate dismissal</b>